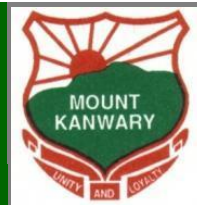


# MOUNT KANWARY PUBLIC SCHOOL



Unity and Loyalty

753 Hinton Road, OSTERLEY NSW 2324

Ph: 4987 2596 Fax: 4987 3281

Term 3 Week 9

Email: [mtkanwary-p.school@det.nsw.edu.au](mailto:mtkanwary-p.school@det.nsw.edu.au)

Website: [www.mtkanwary-p.school.nsw.edu.au](http://www.mtkanwary-p.school.nsw.edu.au)

18 September 2018

## PRINCIPAL'S UPDATE

Welcome to Week 9 – as you would all be aware, I have returned in the role of Relieving Principal until the end of 2018. I am very excited to be back and look forward to a busy and exciting rest of Term 3 and Term 4.

A very big welcome to our new friends starting school at Mount Kanwary this week, Lloyd and Maddison come to us from Tenambit and are excited to be meeting new friends as well as loving the fact that the cows are straight out the window! We hope you enjoy your time with us!



### Naplan

Students in Year 3 and 5 will be receiving their NAPLAN results this week. NAPLAN assess aspects of Literacy and Numeracy and are designed to give you a snapshot of your child's progress. The results need to be interpreted carefully and taken into account with all other assessments. If you have any concerns regarding your child's results – please make an appointment with Mrs Davis to discuss further.



### Canberra

On Wednesday we send our trusty Year 6 students off to Canberra to enjoy a fun-filled 3 days exploring our nation's capital. A big thank you to Karen Oldfield who will be covering the dual role of teacher/parent supervisor. In looking at the itinerary – I think there will be some very tired bodies returning Friday evening. Safe travels everyone – we look forward to your happy snaps and stories.



### Parking

You may have noticed employees from Port Stephens Council floating around the school vicinity over the last few weeks. I have requested an update from council regarding the impending public works and I will notify everyone as soon as I have the details.



### Public Speaking

Congratulations to our public speaking winners – Early Stage 1 – Abigail

Stage 1 – Chloe

Stage 2 – Nicholas

Stage 3 - Clancy

The students will compete in the regional finals next Wednesday at Millers Forest Public School. We wish them all the very best.



### Kindergarten 2019

Over the next few weeks we will be putting the final touches on our Kindergarten 2019 Transition program. If you are yet to enrol a sibling or know of someone considering enrolling for 2019 please contact the school for a prospective enrolment package.

### School App Update

Skoobag have changed their platform for the school app.

If you haven't been receiving notifications or the newsletter you need to uninstall your current app and reinstall the new app.

When searching for the app in your play store you need to search for skoolbag, install that app then choose Mt Kanway as your school.

### Colour Run

A reminder we have our colour run next Wednesday at Glen William Public School.

Please return your permission note and sausage sizzle order.

Get busy with sponsorship as there are some great prizes to be earned.

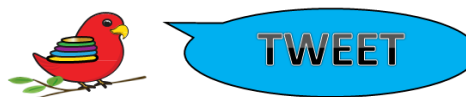
### Current Payments

Thank you for your prompt payment:

- ✚ Voluntary Contribution - \$47 per student
- ✚ **Oxford Maths text book- \$23 per student (students are currently using these texts could you please pay ASAP)**

Payments can be made either by cash/cheque at the office or online through the school website:

## TWEET AWARDS



Congratulation to Brodie for achieving his 'Yellow feather'.

Congratulations to Dakoda and Isabelle for achieving their 'Blue feather'.

Congratulations to Charlie, Toby, Shelby, Zavier, Sam and Makayla for achieving their 'Purple feather'.

Congratulations to Lachlan, Kaily, Vincent and Abigail for achieving their 'Green feather'.

Well done!

Term 2 Events	Date	Details
Year 6 Canberra Camp	19.09.18-21.09.18	<ul style="list-style-type: none"> <li>▪ Attending with Largs PS</li> <li>▪ Final details note home today</li> <li>▪ Students to be at Largs PS by 5.45am to depart at 6am</li> </ul>
Colour-run	26.09.18	<ul style="list-style-type: none"> <li>▪ School fundraising event</li> <li>▪ At Glen William PS</li> </ul>
Small Schools Public Speaking Finals	26.09.18	<ul style="list-style-type: none"> <li>▪ At Millers Forest Public School</li> </ul>
Last Day Term 3	28.09.18	<ul style="list-style-type: none"> <li>▪ Last day of term for students and staff</li> </ul>
Term 4 Events	Date	Details
First day Term 4	15.10.18	<ul style="list-style-type: none"> <li>▪ All students and staff return to school</li> </ul>
Yrs3/4/5 Aussie Bush Camp	15.10.18-17.10.18	<ul style="list-style-type: none"> <li>▪ Years 3-5</li> </ul>
Year 6 Transition to High School day	05.12.18	<ul style="list-style-type: none"> <li>▪ Maitland High School 2019 Yr7 Orientation Day (TBC)</li> </ul>
Last Day Term 4- Students	19.12.18	<ul style="list-style-type: none"> <li>▪ Last day of Term 4 for students</li> </ul>
Last Day Term 4- Staff	20.12.18	<ul style="list-style-type: none"> <li>▪ Last day of Term 4 for staff</li> </ul>
School CLOSED	21.12.18	<ul style="list-style-type: none"> <li>▪ No staff onsite</li> </ul>

# Eat It To Beat It

The Cancer Council is passionate about helping families eat more healthily.

Their "Eat It to Beat It" Program aims to help parents and children understand why fruit and vegetables are so important.

Our newsletter will be providing recipes and simple, practical advice that will help families to eat more healthily.

I hope you enjoy and find this new addition to our newsletter informative.

 Nutrition Snippet

## The simplest way

...to help your family eat well.

At Cancer Council NSW we're passionate about helping families eat well!

Sign up to one of our **FREE** Fruit & Veg Sense workshops for parents at your local school.



In our free 60-minute sessions, you will learn:

- How to save money.
- How much is a 'serve' of fruit and veg and how many serves do we need?
- How to save time with easy, family-friendly recipe ideas.
- Strategies to manage fussy eaters.
- How to improve the long-term health of your family... and much, much more!

Register at [eatittobeatit.com.au](http://eatittobeatit.com.au) – if there aren't any sessions scheduled at or around your school, put your name on the waiting list and we can schedule one.

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)



 Nutrition Snippet

## The simplest way

...to keep lunch foods fresh.

Food packed at home in the lunch box needs to stay fresh and safe to eat at school.

Meat, fish, poultry, eggs, noodles, rice, pasta, custard, yoghurt, cheese and milk need to be kept very cold to prevent food poisoning.

Pack lunches in a cooler bag with a cold brick or use a frozen bottle of water to keep food cold.

Items such as sandwiches, milk poppers, yoghurt, custard tubs, muffins, or fruit segments can be frozen to pack on hot days.



For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)





**MAITLAND TENNIS CENTRE**



**OCTOBER 2018**

## **SCHOOL HOLIDAY TENNIS CLINIC**

Great outdoor fitness for all ages...Have fun and make new friends

Learn and improve on your tennis skills

Receive free racquet when you join Maitland Tennis Centre

---

**Where:** Maitland Tennis Centre, Cnr Page & Lawes St, East Maitland

**When:** 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> OCTOBER (Mon, Tues, Wed, Thurs) Week 2

**Time:** 9.00am to 10.30am per day

**Price:** \$80.00 for 4 days per child (Family Discounts Available)

**Age:** 4 years to 16 years Beginner to intermediate

*BOOK NOW: PH 0431188367 or 0412210700*

























*Email: [info@maitlandtenniscentre.com.au](mailto:info@maitlandtenniscentre.com.au)*

**Available all year round**

**All levels Jnr, Adult, Group coaching and private lessons.**

**Jnr comps, Men's and Ladies social comps.**



Medowie & Raymond Terrace Vacation Care 2 <sup>nd</sup> October – 12 <sup>th</sup> October 2018				
Week 1				
Monday 1 <sup>st</sup>	Tuesday 2 <sup>nd</sup>	Wednesday 3 <sup>rd</sup>	Thursday 4 <sup>th</sup>	Friday 5 <sup>th</sup>
<p><b>Public Holiday</b></p> <p><i>Parent Notes:</i>  Important Notice</p> <p>If weather is hot we may participate in water play so please send towel and change of clothes (plastic bag for wet items) each day.</p>	<p><b>Crafty Critters</b></p> <p>Crawling Caterpillar Dragon Flies Bow Animals</p>  <p>Cloud Dough Crazy Creatures Glitter Foam Monsters</p>  <p>Craft Workshop: Snap Bands</p>	<p><b>Jurassic Park</b></p> <p>Dinosaur Blowers Fossil Creations</p>  <p>Triceratops Heads Volcano Eruption</p>  <p>Binoculars Origami Dinosaur</p> <p><b>Dress Up:</b> Dinosaurs and Explorers</p>	<p><b>Excursion: Sand Dune Tour</b></p> <p><b>4WD TOURS R US</b></p> <p>Sandboarding 4WD adventures Play in Finnan Park</p>  <p><b>SAND BOARDING</b></p>	<p><b>Around the World</b></p> <p>Tanabata Tree Egyptian Amulet Sports Jerseys</p>  <p><b>Special Lunch:</b> Burritos, Juice poppers, Packet of chips.</p>  <p>Rainforest Birds Fire Dragon Paper Picado</p>  <p><b>Dress Up:</b> Around the World</p>
Week 2				
Monday 8 <sup>th</sup>	Tuesday 9 <sup>th</sup>	Wednesday 10 <sup>th</sup>	Thursday 11 <sup>th</sup>	Friday 12 <sup>th</sup>
<p><b>Army Day</b></p> <p>Carton Tank Army Camo Hats</p>  <p>Dog Tag Silhouette Art</p>  <p>Parachute Walkie Talkies</p>  <p><b>Movie and Popcorn Day</b></p> 	<p><b>Spring Fever</b></p> <p>Springy Caterpillar Cherry Blossom Tree</p>  <p>Bug Bookmarks Grassy Characters</p>  <p>Wind chimes Lavender Putty</p>  <p><b>Dress Up:</b> Beautiful Bugs and Creatures</p>	<p><b>Flower Power</b></p> <p>Cup Lanterns Pipe Bugs Marble Painting</p>  <p>Clay Impressions Carton Flowers Microphones</p>  <p><b>Incursion:</b> <b>DISCO DIVA</b> Dance Parties</p> <p>Medowie VC: 10am Raymond Terrace VC: 1pm</p>	<p><b>Aloha Party Day</b></p> <p>Window Art Pine cone pineapple Bottle Bubble Art</p>  <p>Flower Lei Balloon Kites</p>  <p>Face Painting and Tattoos</p> <p><b>Games Workshop</b> <b>Dress Up:</b> Party Theme</p> 	<p><b>Excursion: Australian Reptile Park</b></p>  <p>Live Feedings Nature Walks Animal Interactions Picnic Lunch</p>  

A community service proudly provided by



Email: [Childcare@portstephens.nsw.gov.au](mailto:Childcare@portstephens.nsw.gov.au)

Phone: 49880308



# Vacation Care

## Medowie

Medowie Public School  
Ferodale Road, Medowie  
And

## Raymond Terrace

Children's Services Building, Boomerang Park  
Cnr William St & Irrawang St, Raymond Terrace



7am to 6pm Monday to Friday during school holiday periods

- Friendly experienced Educators
  - ACECQA Accredited
  - Excursions and workshops
- Games, craft & cooking activities
- Childcare Subsidy (CCS) available
- Rated as Meeting National Quality Standards



**Breakfast provided daily until 8am**

Vacation Care provides programmed activities, learning experiences and excursions for school age children from 4 -12yrs

Contact Port Stephens Council Children's Services for bookings and information

**Ph. 4988 0308**

[childcare@portstephens.nsw.gov.au](mailto:childcare@portstephens.nsw.gov.au)

A community service proudly provided by



Email: [Childcare@portstephens.nsw.gov.au](mailto:Childcare@portstephens.nsw.gov.au)

Phone: 49880308