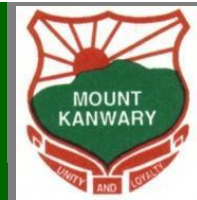


MOUNT KANWARY PUBLIC SCHOOL

Unity and Loyalty



753 Hinton Road, OSTERLEY NSW 2324

Email: mtkanwary-p.school@det.nsw.edu.au

Ph: 4987 2596 Fax: 4987 3281

Website: www.mtkanwary-p.school.nsw.edu.au

Term 2 Week 3

17 May 2019

Respect Responsibility Personal Best

Principal's Message

I hope you had a lovely weekend celebrating the wonderful contributions of all the amazing women in your life. I was blessed to have all five of my children, their wonderful partners and my grandchildren all converging on my home for a Sunday funday. As you can imagine it was utter chaos – but the best sort of chaos I can imagine!

Being a grandmother is an amazing privilege and joining the granny and gramps ranks this week is Leanne and Mark Yeomans with the arrival of their first grandchild...details unknown but I am sure that we will get a peek soon enough!

NAPLAN for Years 3 and 5 has been happening across the week. The students have worked diligently on each of the set Assessment areas. Whilst the data is important to our school for many reasons it is also important to recognise that it is one test on one day and certainly is not the marker for emotional and social depth of a child. I reminded the children this week that as a mother I only ask that my children are good children with good hearts – everything on top of that is a bonus. When your child's results arrive in a couple of months be mindful of the way you present the information to them and above all else remind them that it in no way defines who they are as a person.

In Week 4 we have the National Simultaneous Storytime happening – the book for this year is 'Alpacas with Maracas'. It is a colourful, vibrant, fun event that aims to promote the value of reading and literacy, using an Australian children's book that explores age-appropriate themes and addresses key learning areas of the National Curriculum for Preschool to Year 6. You can register from home yourself if you wish to join in.

Some of our Year 6 Leaders will be travelling with Mrs Davis to attend the GRIP Leadership on

Thursday 26 May. They will be covering topics such as Developing Myself to Lead, Making a Difference to My Team, Making a Difference to My School, Making a Difference to Society. This is a valuable experience for our students and one in which we hope they gain important life skills.

Thursday 26 May will also be our Biggest Morning Tea afternoon. Nanny Nola has previously hosted the event and is as keen as ever to do the same this year. Nola will be donating some prizes which will be raffles off on the afternoon. To help Nanny Nola along the way – if you are wanting to donate a prize which can also be raffled please leave this in the office. Raffle tickets will come home shortly and tickets will also be on sale on the day. I will be inviting my ever obliging mum to cook up her infamous scones to share and I would invite others to also feel free to bring in some goodies. All afternoon tea donations can be taken to the library on Thursday morning.

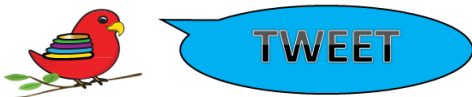
In my spare time!!! I volunteer for the Mark Hughes Foundation. I will be busy selling and packing beanies in the coming months. I will be ordering beanies for our community to purchase. The beanies are \$20 each with 100% of the donations going to the Mark Hughes Foundation. If you would like to purchase a beanie you can pre-order by completing the slip at the end of this newsletter. All beanies will need to be paid for in cash upon collection.

Have a wonderful week everyone
Michelle Crowfoot

Dates to remember

- ✚ 22 May - National Simultaneous Storytime
- ✚ 23 May – GRIP Leadership Day
- ✚ 23 May – Biggest Morning Tea afternoon
- ✚ 24 May – Whole school assembly
- ✚ 27 May – Hunter Water excursion (Banksias)

TWEET AWARDS



Congratulations to Fletcher and Zak for achieving their 'Yellow feather'.

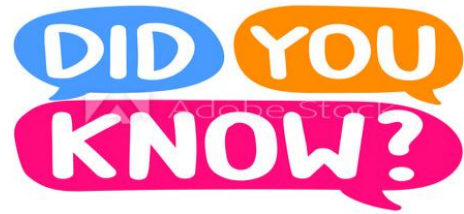
Congratulations to Chloe, Lachlan and Nick for achieving their 'Blue feather'.

Well done!



Working in a mirror factory
is something I can totally
see myself doing.

justsomething.co



P&C News

My apologies for not being able to attend the P&C meeting on Wednesday afternoon. Thank you to everyone who did attend and to Rachael O'Brien who stepped up and ran the meeting for me.

Tickets are now on sale for our Toy Story 4 movie night at Scotties Cinema Centre Raymond Terrace. Tickets are \$15 each and the movie will commence at 6.30pm. To order your tickets please send your money to the office or you can direct deposit straight into our P&C bank account. Please contact Deb Tobin on 0447299117 for more details.

Entertainment Books are available to be purchased now for 2019/2020. These memberships are \$65 each and offer thousands of dollars worth of savings on a variety of things from holidays, restaurants, McDonalds, movie tickets, shopping and much, much more. To order either your digital or book membership today please go to <https://www.entertainmentbook.com.au/orderbooks/3q4448> contact Deb Tobin on 0447299117.

Mark Tobin
P&C President

Eat It To Beat It



Cancer Council
Healthy Lunch Box

Nutrition Snippet

The simplest way

... to add variety to the lunch box

Does your child get bored with their lunchbox?

Making a few small changes can keep it interesting. Try these quick tips to add variety



- **Mix up the breads** - instead of sandwich bread try: rolls, wraps or pita pockets.
- **Fruit** provides endless possibilities for variety, pack: different coloured, fresh, whole, diced, sliced, canned or dried fruit.
- Use our [interactive lunch box builder](#) and get your children to choose what they would like packed in the lunch box.
- Try some new [sandwich filling ideas](#) - visit our website for quick, easy and tasty filling combinations.
- Check out our website for new [healthy snack ideas](#).
- Cook extra for dinner and pack leftovers for lunch.

For more tips, recipes and ideas visit our [website](#).

healthylunchbox.com.au

On sale
FROM **JUNE 1ST**

JUNE 1

IGA **RITCHIES SUPA IGA** **LOWES AUSTRALIA**

Yes I want to Pre Order my MHF Beanie

Name: _____ Contact details: _____

☐ **Womens** **Quantity** _____

☐ **Mens** **Quantity** _____

Payment included



AT YOUR LOCAL PARTICIPATING FIRE AND RESCUE NSW FIRE STATION

Fire and Rescue NSW (FRNSW) will hold its annual Open Day on Saturday 18 May 2019 between 10.00am and 2.00pm and everyone is invited to come along.

Visitors will get a glimpse into Australia's busiest fire and rescue service. They will have the opportunity to hop on a fire truck and chat with firefighters to learn more about what they do every day.

From chemical spills, car accidents and natural disasters to prevention education and humanitarian relief across the state, the country and even overseas or supporting other emergency service agencies, FRNSW firefighters are prepared for anything and ready to help anyone, anywhere and at any time.

Open Day includes safety demonstrations, fire station tours and the chance to inspect equipment and trucks used by our firefighters when responding to all kinds of fire and rescue emergencies. There will also be an array of activities for all children who attend.

It's a great time to also speak to firefighters first-hand about fire safety in the home, including how to install and maintain smoke alarms and how to develop a home escape plan to ensure they can quickly and safely escape in the event of a fire.

For more information, contact your local fire station.

Not all stations will be participating in Open Day.

Stations Confirmed:

- Abermain
- Bellbird
- Cardiff
- Carrington
- Maitland
- Merewether
- Morpeth
- Muswellbrook
- Raymond Terrace
- Rutherford
- Singleton
- Tarro
- Teralba
- Tingira Heights
- Wallsend
- Wangi Wangi

Important: fire station availability

Please note that some fire stations will be closed or participating at a neighbouring fire station. Also, because communities across NSW rely on our help for so many reasons, you may get to your fire station on Open Day and it is closed while responding to an emergency. The station officers will leave a note on the door if this happens, to let you know.

RETURNED AND



SERVICES LEAGUE

PRESIDENT: CAPT Victor Jones, RAN

HON. TRES: Jim Cordner

HON. SEC: Gregory McKenzie

OF AUSTRALIA

(NEW SOUTH WALES BRANCH)

"The Price of Liberty is Eternal Vigilance"

ABN 47 048 340 302

Raymond Terrace Sub-Branch

P.O. Box 451

Raymond Terrace

NSW, 2324

RTRSLSB 035/19

Ms Michelle Crowfoot
Relieving Principal
Mt Kanwary Public School
753 Hinton Road
Osterley
NSW 2324

Dear Principal Crowfoot,

On behalf of the members of the Raymond Terrace RSL Sub-Branch, and the veterans whom we honour, I would like to thank Mt Kanwary Public School for the contribution students from the school made towards making this year's ANZAC Day commemoration the fitting tribute it was to those we remember on the day.

An aspect of the service that received much positive feedback was having students from local schools lay their wreath in dedication of a particular conflict and having a local veteran accompany the children in the process. Recognising the service of veterans living within our community is an important part of ANZAC Day, so please convey my thanks to School Captains, Charlie Carroll and Caitlin Stewart, for their participation in the wreath-laying. Charlie and Caitlin were both excellent ambassadors for your school and their contribution was much appreciated by all who attended on the day.

Engaging young Australians in such commemorative events is very important, particularly as the years pass and the ranks of our veterans of past conflicts decrease. Additionally, having children from schools in the Raymond Terrace area participate in the event reinforces the local connection and carries on the tradition of the way we remember the sacrifices made by thousands of men and women in the service of their country. In that regard, the Executives of the Sub-Branch hope that students from Mt Kanwary Public School will continue to participate in ANZAC Day activities next year.

Finally, thank you for planning your school's own ANZAC Day service. Representatives from the RSL Sub-Branch attended the service and appreciated the fine job you and the students do in commemorating the service of Australian Defence Force personnel, both past and present.

Yours sincerely

Vic Jones

V.S. Jones
Captain, RAN
President, Raymond Terrace Sub-Branch
RSL of New South Wales

09 May 2019