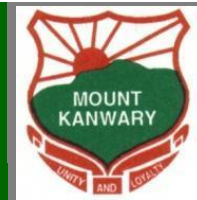


MOUNT KANWARY PUBLIC SCHOOL

Unity and Loyalty



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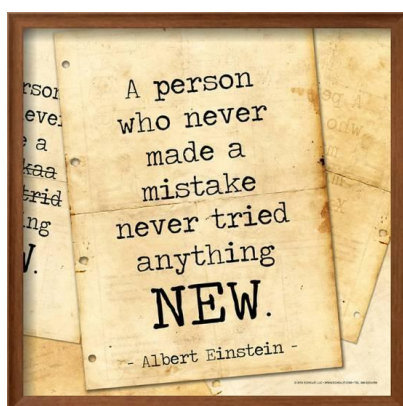
Term 2 Week 1

3 May 2019



Respect Responsibility Personal Best

Principal's Message



Welcome Back to Term 2 everyone!

I hope you were able to take advantage of the beautiful weather over the break as well taking some time out for a well-earned rest.

Thursday 25th April saw myself, Charlie and Caitlin represent Mount Kanwary at the Raymond Terrace ANZAC Day service. We were supported by a number of students and their families as we proudly marched to ANZAC park. Charlie and Caitlin represented our school admirably and continue to fulfill their leadership roles with excellence.

On Monday all staff were engaged in professional learning. We were actively up skilling ourselves in all things STEM (Science Technology English Maths), STEAM (Science Technology English Art Maths) and PBL (Project Based Learning). As you

know – we have a big focus around STEM this year and the training on Monday has generated much conversation as well as a raft of idea's we are eager to come back and share with the children.

Next week Stage 2 and 3 will launch into Project Based Learning – it will kick off with a mystery walking excursion in which the children will need to unravel the clues along the way to find the answer to the topic they will be studying. Stay tuned for more clues!!

We appear to have had a population explosion this term! On Tuesday we welcomed three new families with 6 new students - Mayah and Lachlan, Leah and Cooper and Zak and Milly. We are excited to have you joining our community and look forward to a long and happy association. Please make sure you take the time to meet and greet our new families as they settle into MKPS life.

In addition to welcoming our new families – we also commemorated ANZAC Day with a remembrance service on Tuesday morning. LAC Rick Benseman (AKA Abi's dad) brought along armed forces equipment which the children were able to learn more about(thanks Mr B!). It added the perfect backdrop for our Year 6 leaders to host the service to which they received rave reviews from all those who attended. In fact I was sent an email from Mr John Millburn – Director Educational Learning, who commended the

children on the manner in which they hosted the service! Well done Leaders!!

Thank you to those students who have been coming in and sharing their holiday learning topics. Remember, once you have completed a task or activity you can bring it to me to be stamped and validated. The next challenge went home with students this week.

Students received their first letter from their *Grandfriends* at Opal Nursing home this week. Students were very excited to read about their new friends – one of the student's *Grandfriend* is 100 years old!! On Wednesday 8th May, we will be visiting the nursing home to sing to the residents, sharing a game and spending time getting to know the residents.

Students will meet at the front entrance of the nursing home at 9.30 and will return to school at approximately 11.00 am. We will require parent assistance with transport please. The note your child has received will contain more information.

As you all know I am reluctant to be out of the school for any length of time. Unfortunately sometimes duty calls and I am required to attend external training or meetings (Trust me! I'd much rather be hanging out at school with the kidlets!). I will be absent on Thursday 9/5, Friday 10/5, Thursday 16/5 and Friday 17/5. The office will be able to contact me if necessary, if you require any assistance please direct all your enquiries to Lyn and she will make sure I receive them. I will endeavor to get back to you as soon as time permits.

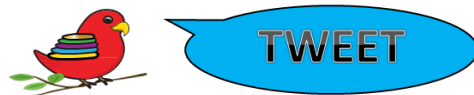
Have a wonderful week everyone
Michelle Crowfoot



Dates to remember

- Bubble and Squirt Water Show – 6 May (free for all students)
- Stage 2 and 3 Mystery Walking Excursion
- Mother's Day Morning Tea – 10 May
- Mother's Day Stall – 10 May

TWEET AWARDS



Congratulations to Lloyd for achieving his 'Yellow feather'.

Congratulations to Charlie, Ben and Sam for achieving their 'Blue feather'.

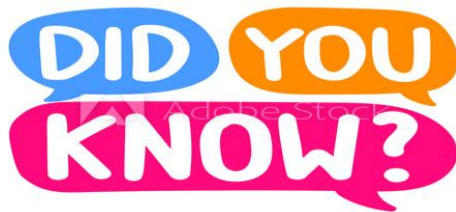
Well done!





What do you call a
parade of rabbits
hopping backwards?

**A receding
hare-line.**



Did You Know that
Dylan is currently
ranked 2nd in the State
for 11year olds in
BMX!... Great work
Dylan

Library News

Scholastic Book Club magazine went home yesterday. Orders are due in to the school office by Friday 17 May.

Orders can be placed online at www.scholastic.com.au/LOOP or at the school office.

P&C News

Welcome back to Term 2, I hope everyone had a wonderful Easter break and enjoyed the holidays. Firstly I would like to welcome all the new families who have joined us at Mount Kanwary and I would offer a big warm welcome to our new teacher Miss Wallington.

Tuesday this week I was honoured to be invited to the school's ANZAC service. I would like to thank the school captains, leaders, students and Mrs Crowfoot for the service that was delivered. I would also like to mention and thank those students that marched at Raymond Terrace representing the school on ANZAC Day.

Just before the break we conducted our Easter Raffle. Thank you to all those families who donated chocolate goodies or purchased tickets. The combined effort raised just under \$300 which is a fantastic effort.

Remember all you fathers out there Mother's Day in Sunday 12 May. The P&C will be having a Mother's Day stall on Friday 10 May at school with gifts priced at \$5. Sorry but no IOU's are able to be accepted on the day. Thank you to Lauren Padmos for arranging this for our students.

Entertainment books are once again available to be purchased now for 2019/2020. The memberships are \$65 each and offer thousands of dollars' worth of savings on a variety of things from holidays, restaurants, McDonalds, movie tickets, shopping and much more. To order either your digital or book membership today please go to:

<https://www.entertainmentbook.com.au/orderbooks/3q4448> or contact Deb Tobin on 0447 299 117.

We will also be having a Thompson's Pie Drive and a Toy Story 4 Movie night on Friday 21 June. More details to come about both these events.

Next P&C meeting in Wednesday 15 May at 3.30pm at the school

Mark Tobin
P&C President

Eat It To Beat It



Cancer Council
Healthy Lunch Box

Nutrition Snippet

The simplest way

... to make beetroot hummus.

Ingredients (serves 8)

2 medium sized beetroots, skin on
400g can chickpeas, rinsed and drained
1/3 cup tahini
1/2 large lemon, juiced
1/4 cup olive oil
2 garlic cloves, crushed
1/4 tsp cumin
3-4 tbsp water
Pinch of salt



Method

Pre-heat oven to 200°C. Wrap each beetroot in foil and roast for 1-2 hours (depending on size) until soft. Remove from the oven and cool. Peel and chop into chunks.

Place all ingredients in a food processor with only one tablespoon of water. Process until smooth. Add more water, one tablespoon at a time until the desired thickness is reached.

Visit healthylunchbox.com.au for more recipes and ideas.

healthylunchbox.com.au



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Don't Forget to like us and Follow us on
Facebook



AT YOUR LOCAL PARTICIPATING FIRE AND RESCUE NSW FIRE STATION

Fire and Rescue NSW (FRNSW) will hold its annual Open Day on Saturday 18 May 2019 between 10.00am and 2.00pm and everyone is invited to come along.

Visitors will get a glimpse into Australia's busiest fire and rescue service. They will have the opportunity to hop on a fire truck and chat with firefighters to learn more about what they do every day.

From chemical spills, car accidents and natural disasters to prevention education and humanitarian relief across the state, the country and even overseas or supporting other emergency service agencies, FRNSW firefighters are prepared for anything and ready to help anyone, anywhere and at any time.

Open Day includes safety demonstrations, fire station tours and the chance to inspect equipment and trucks used by our firefighters when responding to all kinds of fire and rescue emergencies. There will also be an array of activities for all children who attend.

It's a great time to also speak to firefighters first-hand about fire safety in the home, including how to install and maintain smoke alarms and how to develop a home escape plan to ensure they can quickly and safely escape in the event of a fire.

For more information, contact your local fire station.

Not all stations will be participating in Open Day.

Stations Confirmed:

- Abermain
- Bellbird
- Cardiff
- Carrington
- Maitland
- Merewether
- Morpeth
- Muswellbrook
- Raymond Terrace
- Rutherford
- Singleton
- Tarro
- Teralba
- Tingira Heights
- Wallsend
- Wangi Wangi

Important: fire station availability

Please note that some fire stations will be closed or participating at a neighbouring fire station. Also, because communities across NSW rely on our help for so many reasons, you may get to your fire station on Open Day and it is closed while responding to an emergency. The station officers will leave a note on the door if this happens, to let you know.

Bricks 4 Kidz After School Fun



Term 2, 2019 After School Workshops - "Gadgets and Gizmo's"

Fun, Educational and a great social atmosphere for kids.

Create some AWESOME in your little builders school term.

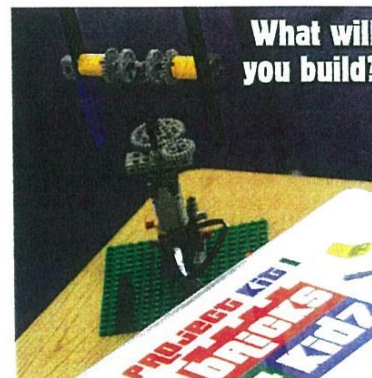
Starts Soon - Don't miss out!

Workshops will be held at New Lambton Scout Hall on a Wednesday afternoon in term 2 starting on the 22nd May - click the link below to FIND OUT MORE.

FIND OUT MORE! 

Gadgets and Gizmo's

This unit is all about the fun of doing something with what you've built. From a spinning top to a spin art model, kids will love playing with their creations! But don't worry, we sneak in lots of learning, too – understanding probability in the "3-in-a-row" game model and learning about friction and symmetry with the spinning top lesson. Don't miss out!.



FIND OUT MORE! 

Workshops run for 6 weeks (starting on 22nd May)

- Duration is 1 hr per week from 4pm
- Kid build a new motorised model each week
- Each workshop provides a balance of fun, learning and socialisation for kids.

INTERESTED IN AN AFTER SCHOOL WORKSHOP AT YOUR SCHOOL -

[EMAIL US HERE!](#)

NEED MORE INFORMATION: Call Brad on 0499 006 056 or check out the Website.

Mr Arneson's ANZAC Talk

Mt. Kanwary

School ANZAC Day Talk

Good morning. My name is Ted Arneson and I'm here this morning at your ANZAC Day celebration representing the Raymond Terrace RSL Club.

ANZAC Day is a very important day to Australians and New Zealanders. ANZAC are the initials for Australian and New Zealand Army Corps and it falls on the 25th April each year as that day in 1915 was the day that our troops landed on the Gallipoli Peninsula in Turkey to begin what was a disastrous battle for every soldier involved. So much so that the Turks have renamed it ANZAC Cove in everyone's memory. That many men and boys perished from that futile battle that our soldiers were evacuated in December 1915 and the ANZAC tradition was born. Then in 1916 the Australian Government declared 25th April a Public Holiday and named it ANZAC Day.

Over 300,000 men, boys and women enlisted. The boys lied about their ages to go on a big adventure in Australia's name. My Uncle Richard did just that, but the recruiting officers knew how old he was, and he became a guard at a German Internment Camp in Queanbeyan instead of being sent overseas. The women were nurses, some in uniform whilst many were civilian volunteers.

Another tradition of ANZAC Day is the laying of wreaths at memorials and the wearing of sprigs of Rosemary by all attending the ceremonies.

You might also see many people wearing red poppies. This tradition is not directly related to ANZAC Day, but applies to Remembrance Day, which was originally called Armistice Day, commemorating the end of the hostilities for the Great War (World War I), with the signing of the armistice, which occurred on November 11, 1918 – the 11th hour of the 11th day of the 11th month. The red poppy was chosen because it was the first flower to bloom on the battle

fields of France and Belgium and folk law has it that the red represents the spilt blood of war.

As you travel around Australia you will see War Memorials all over the place. Many in very remote places which reflects the many places our troops enlisted from. In fact there is a very famous memorial just a few kilometres away from your school in New Line Road Seaham. It's known as the Knitting Circle Memorial and was built there in 1921 by the ladies of Seaham not only for the memory of the local men who didn't come back, but to remember that, that place is where they met to knit socks, mittens, scarfs and jumpers for troops serving overseas.

And in closing, on behalf of the President and members of the RSL I would like to express their thanks to your school, and you the students, for your participation in the ANZAC Service each year.

The RSL also appreciates that you have an ANZAC Day Service each year commemorating those past and present servicemen and women. The scale of the sacrifice made by those early ANZACs was so tremendous that our country made a promise that their deeds would always be remembered.

Thank you for listening.